



Wednesday  
December 7, 2022

# Heritage Woods Secondary

"WE ARE KODIAKS"



## Bell Schedule



<b>Block 1</b>	<b>8:00 – 9:12</b>
<b>Block 2</b>	<b>9:16 – 10:28</b>
<b>FLEX</b>	<b>10:28 – 10:59</b>
<b>Block 3</b>	<b>11:03 – 12:15</b>
<b>LUNCH</b>	<b>12:15 – 12:55</b>
<b>Block 4</b>	<b>12:59 – 2:11</b>
<b>Block 5</b>	<b>2:15 – 3:27</b>

# Pawsativity Project

Are you looking for treats for your dogs?

**The Heritage Pawsativity Project** is a joint initiative between the Inclusion Support team and Leadership Classes. The project involves a yearlong fundraising campaign benefiting the Coquitlam Animal shelter through the sales of dog treats.

The dog treat ingredients are organic pumpkin, whole wheat flour, eggs and peanut butter.

The sale starts on Nov.28<sup>th</sup> at lunch outside classroom 134.

1 - 4 OZ bag \$3.00

2 - 4 OZ bags \$5.00

The Plateau Village IGA is kindly donating ingredients for the treats.



This Photo by Unknown Author is licensed under [CC BY-SA-NC](https://creativecommons.org/licenses/by-sa/4.0/)

# KODIAK CLOTHING HAS ARRIVED!



**Pick up today,  
WEDNESDAY,  
outside the  
FRONT OFFICE  
AT LUNCH**



# The Ugly Christmas Sweater Dash

Is coming to ANMORE on December 10<sup>th</sup>

And we need **VOLUNTEERS**

What to expect:

- Free Toque
- Bottomless Hot Chocolate
- Fun Festive Environment
- Volunteer Hours (if necessary)

Volunteer shifts are 2 hours, ranging from 12 PM until 5:30 PM

How to register: <https://raceroster.com/events/2022/64959/the-original-ugly-christmas-sweater-dash/volunteer/register>

OR Email: [uglydash@grachchoievents.com](mailto:uglydash@grachchoievents.com)



# FLEX<sub>pectations</sub>

**FLEX is instructional time, not a break!**



- Attend one of the classes in your current schedule
- Library (limited space for QUIET work)
  - \* NOT a space for groups to hang out
- Grade 12s ONLY in the Grand Hall

No homework?  
Read, Study, Review

# WINTER FORMAL

## Info:

- Semi-Formal Dress Code
- 6:30-9:00pm  
(6:15 doors open)
- DJ
- Food
- Grade 12s only



## Cost:

\$25 early bird (Nov 21-30)

\$30 late rate

Payment through the office or school cash online



December 13th



# Fragrance Free

Reminder to all that SD43 is Scent Aware, and as such the district is asking for cooperation towards a scent reduced environment.

All staff, students and visitors are strongly encouraged to avoid or reduce the use of fragranced products, and to replace them with unscented alternatives.





**Could the following students please come to the office to see Ms. Hall**

- Kai H.-Student Card
- Andrea A.-Student Card
- Eric-Euncheol L.-Student Card
- Siena P.-Student Card
- Matthew B.-Student Card
- Eshan N. – Transcript
- Shourya S. - Transcript

# CLUBS





HELPING HANDS SOCIETY

# TOY DRIVE

**November 15 - December 15th**

- Toys will be donated to less fortunate children for Christmas
- Please bring toys in good condition
- There will be a box next to the theatre for the toys



# KWAP Food Drive

---

- Date it ends: Dec 14<sup>th</sup>
- Location: Drop-off sign in front of Ms. Nunn's office
- What: Non-perishable food items
  - Ex. Canned food, pasta or rice
- Anyone is welcome to donate!
- KWAP members can get volunteer hours!

Donations are going to the **SHARE Food Bank**.



# GRAD WEAR STORE is Open!!!

<https://store.passionsports.ca/HWSS23>



STORE CLOSSES DECEMBER 16th

# KODIAK ATHLETICS

---



# WRESTLING NEWS!

## Congratulations

to Fraser Valley Novice Tournament Competitors

### GOLD

Dominique T.

Jasper J.

Brandon L.

Eilia K.

### SILVER

Alexander C.

Alam P.

Shane A.

Mycheal R.

### BRONZE

Carter Z.

Brigsby M. 4<sup>th</sup>

Brandon S. 6th

